

PLEASE RECYCLE  
THIS PROGRAM

# the ADVENTURE SUMMIT

PRESENTED BY



THE ADVENTURE SUMMIT IS A PRODUCTION OF



WRIGHT STATE  
UNIVERSITY



FIVE RIVERS  
METROPARKS

ADDITIONAL SUPPORT PROVIDED BY



## 2024 EVENT PROGRAM GUIDE

FEBRUARY  
9 & 10

FRIDAY 5 - 9:30 PM  
SATURDAY 9 AM - 7:30 PM  
WRIGHT STATE UNIVERSITY • DAYTON, OHIO

TheAdventureSummit.com  
#theadventuresummit

Scan code for  
the schedule and  
event website



DAYTON, OHIO:

# OUTDOOR ADVENTURE

CAPITAL  
OF THE MIDWEST!

## FEATURED PRESENTERS

See pages 2 & 3 for descriptions and more information

Fri. 8 PM • Eddie Taylor

Sat. 12:45 PM • Neal Moore

Sat. 6 PM • Dr. Brad Ryan with special  
appearance by Grandma Joy

## ONSITE FOOD AND DRINK

• Pour Cafe: Sat. 8 AM - 2 PM

• Union Market Dining: Sat. 8 AM - 4 PM

## FREE GREAT LAKES BEER TASTINGS

See page 2 for details

• Supported by Bonbright Distributors

• Space is limited, pre-registration required

## MAKE THE MOST OF YOUR ADVENTURE SUMMIT

• **Get Inspired:** More than 40  
presentations and workshops

• **Get Connected:** Outdoor Adventure Expo

• **Get Competitive:** Indoor Triathlon, Boul-  
dering Competition, Canoe Battleship

• **Get Active:** Fitness Programs, Bouldering,  
Kayaking, Scuba, Bike Clinics, Wilderness  
Medicine Workshops

*Locker room facilities are available. Minors need  
parent/legal guardian onsite to sign waiver. Direct parent  
supervision is required for all participants 16 and younger.*

We want to hear from you! Take our surveys to

## ENTER TO WIN PRIZES


Let us know what  
you think of The  
Adventure Summit





Let us know  
what you think of  
each presenter






# FRIDAY SCHEDULE OF EVENTS

**3:00 INDOOR TRIATHLON** supported by *Up and Running*  
3 - 7 PM | Fitness Center  
Space is limited, pre-registration recommended. 

**5:00 USED GEAR SALES**  
supported by *Arrow Adventure* 5 - 8 PM | Pathfinder  
Get a deal on gear!  
5% of consignment fee benefits the *Spotted Turtle Trail and Beaver Creek Wetlands Association*  

**TRY IT!** Bouldering for Non-Competitors  
5 - 8 PM | Climbing Wall


**6:30 SUMMIT SOIREE** supported by *Bonbright Distributors and Great Lakes Brewing Company*. 6:30 - 8 PM  
Skylight Lobby. \$15. Walk-ins welcome, space is limited. Mingle with feature presenters, hor d'oeuvres and 1 drink included.   



**8:00 FEATURED PRESENTATION:**  
Breaking Barriers to the Top of Everest and Beyond  
*A prolific and groundbreaking climber, Eddie was a member of the first all-Black Everest expedition, skied North America's tallest peak, and climbed Yosemite's El Cap in a day.*   
**Eddie Taylor** 8 - 9:30 PM | Apollo Room

**9:30 PARTY WITH THE PROS** supported by *Bonbright Distributors and Great Lakes Brewing Company*.  
9:30 - 11 PM | Wright Place Bar at Holiday Inn  
2800 Presidential Drive (3-minute drive).  
Mingle with presenters and outdoor enthusiasts.

**9:45 CANOE BATTLESHIP**  
9:45 - 11:15 PM | Pool  
Teams of 4 required. Space is limited, pre-registration recommended at the pool, walk-ins welcome.

# SATURDAY SCHEDULE OF EVENTS

**8:00 WOMEN IN THE OUTDOORS CONVERSATION**  
featuring *Susan Marie Conrad*, solo long distance sea kayaker and author.   
8 - 9:15 AM | Dixon Lounge near the Union Market. Coffee and conversation provided. Sponsored by *Explorer Chick Adventure Co.*

**9:00 EXPO**  
9 AM - 5:45 PM | Expo Area  
**USED GEAR SALES**  
supported by *Arrow Adventure* 9 AM to 5 PM  
Pathfinder. Get a deal on gear!  
5% of consignment fee benefits the *Spotted Turtle Trail and Beaver Creek Wetlands Association*  

**9:30 BOULDERING COMPETITION CHECK-IN**  
9:30 - 10 AM | Climbing Wall  
Pre-registered check-in and walk-in registration at climbing wall

**TRY IT!** Snorkeling with Aquatic Realm  
9:30 - 10:30 AM | Pool  
Registration required by 9:15 AM at Aquatic Realm in Expo

**FITNESS SESSION** Morning Yoga 9:30 - 10:30 AM | Studio C

**10:00 BOULDERING COMPETITION**  
10 AM - 3 PM | Climbing Wall

**PREPARED TO RIDE** - What to Bring, What to Leave at Home with Mike's Bike Park. 10 AM | Lower Expo near stage

**10:45 FREE GREAT LAKES BEER TASTING** 10:45 - 11:15 AM  
The Club near Union Market. Registration required at The Club

**TRY IT!** Scuba with Aquatic Realm 10:45 - 12:15 AM | Pool  
Registration required by 10:15 AM at Aquatic Realm in Expo

**FITNESS SESSION** Indoor Cycling with Rinse Cycle Club  
10:45 - 11:45 AM | Studio A

**12:00 FREE GREAT LAKES BEER TASTING** NOON - 12:30 PM  
The Club near Union Market. Registration required at The Club

**BRAKING AND SHIFTING CLINIC** with Mike's Bike Park  
NOON | Lower Expo near stage

**12:45 FEATURED PRESENTATION:**  
*A Journey of Illumination by Paddling into the Heart of America.* **Neal Moore** 12:45 - 2 PM | Apollo Room

**2:15 FREE GREAT LAKES BEER TASTING** 2:15 - 2:45 PM  
The Club near Union Market. Registration required at The Club

**KAYAK ROLL DEMO** and lesson with New World Expeditions  
2:15 - 3:15 PM | Pool  
Demonstration only, bleacher seating available

**FITNESS SESSION** TRX for Runners with Space Three  
2:15 - 3:15 PM | Studio B

**3:30 BOULDER COMPETITION AWARDS**  
3:30 - 3:45 PM | Expo Stage

**TRY IT!** Kids Climbing  
3:30 - 5:45 PM | Climbing Wall

**FREE GREAT LAKES BEER TASTING** 3:30 - 4 PM  
The Club near Union Market. Registration required at The Club

**FITNESS SESSION** Stretching for Hikers, Paddlers, Climbers and All. 3:30 - 4:30 PM | Studio C

**TRY IT!** Kayaking  
3:30 - 5:45 PM | Pool

**4:45 FREE GREAT LAKES BEER TASTING** 4:45 - 5:15 PM  
The Club near Union Market. Registration required at The Club

**FITNESS SESSION** Weightlifting to Prepare for Adventure  
4:45 - 5:45 PM | Studio C

**5:00 MIKE'S BIKE PARK** Tubes vs. Tubeless, The Answers  
You've Been Waiting for! 5 PM | Lower Expo near stage

**6:00 FEATURED PRESENTATION:**  
*Joy Driven: An Intergenerational Adventure to Every U.S. National Park.* **Dr. Brad Ryan with special appearance by Grandma Joy** 6 - 7:30 PM | Apollo Room

TheAdventureSummit.com  
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Scan the code for an up-to-date schedule of events



# SATURDAY PRESENTER SCHEDULE

	APOLLO	ENDEAVOUR A	ENDEAVOUR B	ENDEAVOUR C	DISCOVERY	ATLANTIS	ADMISSIONS	GYM
9:30 - 10:30	<i>Paddling with Gators: Okefenokee Swamp Expedition</i> John & LaNae Abnet, Gary & Linda De Kock	<i>No Need for a Camper of Van: Car Camping in Your Vehicle</i> Greg Behrens	<i>Highpointing the 50 States</i> Ron Schilb	<i>Bicycle Touring in the Miami Valley</i> Jordan Hart	<i>Planning and Bikepacking the Ohio to Erie Trail</i> Chad Ingle & Ron Hundt	<i>Off the Beaten Path in Croatia</i> Heather Muhlhauser	<i>Peace Pilgrim</i> Randall Roberts	<i>Wilderness Medicine Workshop: High Altitude Medicine</i> Zachery Campbell, D.O. WSU School of Medicine
10:45 - 11:45	<i>Sailing the Galapagos Islands: Hiking, Kayaking, Snorkeling, &amp; Wildlife Encounters</i> Don & Sue Klosterman	<i>Paddling the Rio Grande in Big Bend National Park</i> Amy, Brent, Oakley, & Austen Anslinger	<i>Planning a Multi-Day Trip: Lessons from Isle Royale National Park</i> Matt Anderson	<i>The Joys of Adventure Failures</i> Bill Fowler	<i>Tomfoolery Good Vibes Tour</i> Tom Helbig	<i>Biking Florida: A Trip Through Paradise Takes a Wrong Turn</i> Jeffery McElfresh	<i>The Spotted Turtle Trail: An Update on Our Progress</i> Ken Moran	<i>Wilderness Medicine Workshop: Wilderness Injuries and Splinting</i> Ian Sanford, D.O. WSU School of Medicine

Lunch Break: Explore the Union Market, Expo and Used Gear Sales | 11:45 AM - 12:45 PM

**12:45 - 2**

**FEATURE PRESENTATION: Neal Moore**  
**"A Journey of Illumination by Paddling into the Heart of America"**  
*First known person to canoe solo from the Pacific to Atlantic in a continuous journey (22 rivers, 22 states, 22 months, 7,500 miles).*




2:15 - 3:15	<i>Stories from the Camino de Santiago: A Journey of People, Places, and Pilgrimage</i> Michelle & Brian Coleman	<i>Two One-Way Tickets to Paradise</i> Uriah Langmeyer & Leolani Stanley	<i>Adventures In Baja Mexico</i> Tom Helbig	<i>Backpack Right Here in Ohio</i> Jim Rahtz	<i>Seeking Synchronicity: A Solo Paddle Up the Inside Passage</i> Susan Marie Conrad	<i>Circumnavigating the North Sea Cycling Route</i> Tracy Burge	<i>Riding the Katy Trail</i> Jordan & Camee Hart	<i>Wilderness Medicine Workshop: Cold and Heat Injuries</i> Caleb Ellis, M.D. WSU School of Medicine
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3:30 - 4:30	<i>From Homelessness to Accomplishing Incredible Expeditions</i> Jillian Brown	<i>Gateways to Microadventures on the Ohio to Erie Trail</i> Tom Bilcze	<i>Be Your Community Rock Star</i> Mike Bisig	<i>Rising from the Ashes, Overcoming the Impossible</i> Harold Holdren	<i>16-Day Expedition Rowing the Grand Canyon</i> Amy Dingle & Cassie Lane	<i>One Year, One Quest: America's 428 National Parks</i> Tom Wright	<i>Cycling Across America One State at a Time</i> Brent Devitt	<i>Wilderness Medicine Workshop: Essentials of Wilderness Survival</i> Kermit Huebner, MD, MPH WSU School of Medicine
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4:45 - 5:45	<i>Trekking in Nepal, Gokyo Lakes and Everest Base Camp</i> Megan Reardon	<i>Bikepacking: A Beginners Guide</i> Lance Smith	<i>Adventuring in Utah's Mighty 5 National Parks</i> Amy Anslinger & Ashley Butler	<i>From Near Death to Dumpster Diving, A Dirtbag Climber's Tale</i> Molly Finch	<i>Enhance Group Dynamics through Leadership Roles</i> Christine Varga, Molly Cancian, & Miles Heyse	<i>Ohiopyle History and Adventure</i> Rob Crawford	<i>Fat Biking the Outer Banks</i> Tom Helbig	<i>Wilderness Medicine Workshop: Water Rescue</i> Kermit Huebner, MD, MPH WSU School of Medicine
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**6 - 7:30**

**FEATURE PRESENTATION: Dr. Brad Ryan with special appearance by Grandma Joy**  
**"Joy Driven: An Intergenerational Adventure to Every U.S. National Park"**  
*A simple weekend camping trip with his grandma grew into a global viral and history-making journey to visit all 63 U.S. National Parks.*





Scan the code for the event website, or visit: [TheAdventureSummit.com](http://TheAdventureSummit.com)



# BEER TASTINGS

THE CLUB NEAR THE UNION MARKET

## LEGEND

-  Stairs
-  Elevator
-  Restrooms
-  ATM
-  Information
-  Vending Machines
-  Event Areas
-  Used Gear Sale
-  Presentation Rooms

TO HAMILTON HALL



## WRIGHT STATE UNIVERSITY STUDENT UNION MAP

# FIRST FLOOR

# LOWER LEVEL



TO RUSS ENGINEERING AND JOSHI RESEARCH CENTER



The Adventure Summit is a production of Five Rivers MetroParks and Wright State University

[TheAdventureSummit.com](http://TheAdventureSummit.com)

FIVE RIVERS METROPARKS

