

# DAYTON, OHIO: OUTDOOR ADVENTURE CAPITAL OF THE MIDWEST!

## FEATURED PRESENTERS

See pages 2 & 3 for descriptions and more information

Fri. 8 PM • Eddie Taylor Sat. 12:45 PM • Neal Moore Sat. 6 PM • Dr. Brad Ryan with special appearance by Grandma Joy

## **ONSITE FOOD AND DRINK**

- Pour Cafe: Sat. 8 AM 2 РМ
- Union Market Dining: Sat. 8 AM 4 PM

### FREE GREAT LAKES BEER TASTINGS See page 2 for details

- Supported by Bonbright Distributors
- Space is limited, pre-registration required

### MAKE THE MOST OF YOUR ADVENTURE SUMMIT

- Get Inspired: More than 40 presentations and workshops
- Get Connected: Outdoor Adventure Expo
- Get Competitive: Indoor Triathlon, Bouldering Competition, Canoe Battleship
- Get Active: Fitness Programs, Bouldering, Kayaking, Scuba, Bike Clinics, Wilderness Medicine Workshops

Locker room facilities are available. Minors need parent/legal guardian onsite to sign waiver. Direct parent supervision is required for all participants 16 and younger.

# We want to hear from you! Take our surveys to **ENTER TO WIN PRIZES**

Let us know what you think of The Adventure Summit Let us know what you think of each presenter



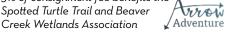
ach presenter

# FRIDAY SCHEDULE OF EVENTS

**3:00** INDOOR TRIATHLON supported by Up and Running 3 - 7 PM | Fitness Center Space is limited, pre-registration recommended. upandrunning

5:00 USED GEAR SALES

supported by Arrow Adventure 5 - 8 PM | Pathfinder Get a deal on gear! 5% of consignment fee benefits the Spotted Turtle Trail and Beaver



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**TRY IT!** Bouldering for Non-Competitors 5 - 8 PM | Climbing Wall



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BONBRIGHT

### SUMMIT SOIREE supported by

Bonbright Distributors and Great Lakes Brewing Company. 6:30 - 8 PM Skylight Lobby. \$15. Walk-ins welcome, space is limited. Mingle with feature presenters, hor d'oeuvres and 1 drink included.



## 8:00 FEATURED PRESENTATION:

Breaking Barriers to the Top of Everest and Beyond A prolific and groundbreaking climber, Eddie was a member of the first all-Black Everest expedition, skiied North America's tallest peak, and climbed Yosemite's El Cap in a day. Eddie Taylor 8 - 9:30 PM | Apollo Room



9:30 PARTY WITH THE PROS supported by Bonbright Distributors and Great Lakes Brewing Company. 9:30 - 11 PM | Wright Place Bar at Holiday Inn 2800 Presidential Drive (3-minute drive). Mingle with presenters and outdoor enthusiasts.

#### 9:45 CANOE BATTLESHIP

9:45 - 11:15 РМ | Pool

Teams of 4 required. Space is limited, pre-registration recommended at the pool, walk-ins welcome.

## **SATURDAY** SCHEDULE OF EVENTS

#### 8:00 WOMEN IN THE OUTDOORS CONVERSATION

featuring Susan Marie Conrad, solo long distance sea kayaker and author. 8 - 9:15 AM | Dixon Lounge near the Union Market. Coffee and conversation provided. Sponsored by Explorer Chick Adventure Co.

9:00 EXPO

9 ам - 5:45 рм | Ехро Area

#### USED GEAR SALES

supported by Arrow Adventure 9 AM to 5 PM Pathfinder. Get a deal on gear! 5% of consignment fee benefits the Spotted Turtle Trail and Beaver Creek Wetlands Association



### 9:30 BOULDERING COMPETITION CHECK-IN

9:30 - 10 AM | Climbing Wall Pre-registered check-in and walk-in registration at climbing wall

**TRY IT!** Snorkeling with Aquatic Realm 9:30 - 10:30 AM | Pool Registration required by 9:15 AM at Aquatic Realm in Expo

FITNESS SESSION Morning Yoga 9:30 - 10:30 AM | Studio C

## 10:00 BOULDERING COMPETITION

10 ам - 3 рм | Climbing Wall

**PREPARED TO RIDE** - What to Bring, What to Leave at Home with Mike's Bike Park. 10 AM | Lower Expo near stage

10:45 FREE GREAT LAKES BEER TASTING 10:45 - 11:15 AM The Club near Union Market. *Registration required at The Club* 

**TRY IT!** Scuba with Aquatic Realm 10:45 - 12:15 AM | Pool Registration required by 10:15 AM at Aquatic Realm in Expo

FITNESS SESSION Indoor Cycling with Rinse Cycle Club 10:45 - 11:45 AM  $\mid$  Studio A

12:00 FREE GREAT LAKES BEER TASTING NOON - 12:30 PM The Club near Union Market. Registration required at The Club

BRAKING AND SHIFTING CLINIC with Mike's Bike Park NOON | Lower Expo near stage

### 12:45 FEATURED PRESENTATION:

A Journey of Illumination by Paddling into the Heart of America. **Neal Moore** 12:45 - 2 PM | Apollo Room

2:15 FREE GREAT LAKES BEER TASTING 2:15 - 2:45 PM The Club near Union Market. Registration required at The Club

> **KAYAK ROLL DEMO** and lesson with New World Expeditions 2:15 - 3:15 PM | Pool Demonstration only, bleacher seating available

FITNESS SESSION TRX for Runners with Space Three 2:15 - 3:15 PM | Studio B

**3:30** BOULDER COMPETITION AWARDS 3:30 - 3:45 PM | Expo Stage

> **TRY IT!** Kids Climbing 3:30 - 5:45 PM | Climbing Wall

**FREE GREAT LAKES BEER TASTING** 3:30 - 4 PM The Club near Union Market. *Registration required at The Club* 

FITNESS SESSION Stretching for Hikers, Paddlers, Climbers and All. 3:30 - 4:30 PM  $\mid$  Studio C

**TRY IT!** Kayaking 3:30 - 5:45 РМ | Pool

4:45 FREE GREAT LAKES BEER TASTING 4:45 - 5:15 PM The Club near Union Market. Registration required αt The Club

FITNESS SESSION Weightlifting to Prepare for Adventure 4:45 - 5:45 PM | Studio C

5:00 MIKE'S BIKE PARK Tubes vs. Tubeless, The Answers You've Been Waiting for! 5 PM | Lower Expo near stage

## 6:00 FEATURED PRESENTATION:

Joy Driven: An Intergenerational Adventure to Every U.S. National Park. **Dr. Brad Ryan with special appearance by Grandma Joy** 6 - 7:30 PM | Apollo Room

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# SATURDAY PRESENTER SCHEDULE

APOLLO	ENDEAVOUR A	ENDEAVOUR B	ENDEAVOUR C	DISCOVERY	ATLANTIS	ADMISSIONS	GYM
Paddling with Gators: Okefenokee Swamp Expedition John & LaNae Abnet, Gary & Linda De Kock	No Need for a Camper of Van: Car Camping in Your Vehicle Greg Behrens	Highpointing the 50 States Ron Schilb	Bicycle Touring in the Miami Valley Jordan Hart	Planning and Bikepacking the Ohio to Erie Trail Chad Ingle & Ron Hundt	Off the Beaten Path in Croatia Heather Muhlhauser	<b>Ρeαce Pilgrim</b> Randall Roberts	Wilderness Medicine Workshop: High Altitude Medicine Zachery Campbell, D.O. WSU School of Medicine
Sailing the Galapagos Islands: Hiking, Kayaking, Snorkeling, & Wildlife Encounters Don & Sue Klosterman	Paddling the Rio Grande in Big Bend National Park Amy, Brent, Oakley, & Austen Anslinger	Planning a Multi-Day Trip: Lessons from Isle Royale National Park Matt Anderson	The Joys of Adventure Failures Bill Fowler	Tomfoolery Good Vibes Tour Tom Helbig	Biking Florida: A Trip Through Paradise Takes a Wrong Turn Jeffery McElfresh	The Spotted Turtle Trail: An Update on Our Progress Ken Moran	Wilderness Medicine Workshop: Wilderness Injuries and Splinting Ian Sanford, D.O. WSU School of Medicine

Lunch Break: Explore the Union Market, Expo and Used Gear Sales | 11:45 AM - 12:45 PM

#### FEATURE PRESENTATION: Neal Moore

"A Journey of Illumination by Paddling into the Heart of America" First known person to canoe solo from the Pacific to Atlantic in a continuous journey (22 rivers, 22 states, 22 months, 7,500 miles).



Stories from the Camino de Santiago: A Journey of People, Places, and Pilgrimage Michelle & Brian Coleman	<b>Two One-Way</b> <b>Tickets to</b> <b>Paradise</b> Uriah Langmeyer & Leolani Stanley	Adventures In Baja Mexico Tom Helbig	<b>Backpack Right</b> Here in Ohio Jim Rahtz	Seeking Synchronicity: A Solo Paddle Up the Inside Passage Susan Marie Conrad	Circumnavigat- ing the North Sea Cycling Route Tracy Burge	<b>Riding the Katy Trail</b> Jordan & Camee Hart	Wilderness Medicine Workshop: Cold and Heat Injuries Caleb Ellis, M.D. WSU School of Medicine
From Home- lessness to Accomplishing Incredible Expeditions Jillian Brown	Gateways to Microadven- tures on the Ohio to Erie Trail Tom Bilcze	<b>Be Your</b> Community Rock Star Mike Bisig	Rising from the Ashes, Overcoming the Impossible Harold Holdren	16-Day Expedition Rowing the Grand Canyon Amy Dingle & Cassie Lane	One Year, One Quest: America's 428 National Parks Tom Wright	Cycling Across America One State at a Time Brent Devitt	Wilderness Medicine Workshop: Essentials of Wilderness Survival Kermit Huebner, MD, MPH WSU School of Medicine
Trekking in Nepal, Gokyo Lakes and Everest Base Camp Megan Reardon	<b>Bikepacking: A Beginners Guide</b> Lance Smith	Adventuring in Utah's Mighty 5 National Parks Amy Anslinger & Ashley Butler	From Near Death to Dumpster Diving, A Dirtbag Climber's Tale Molly Finch	Enhance Group Dynamics through Leadership Roles Christine Varga, Molly Cancian, & Miles Heyse	Ohiopyle History and Adventure Rob Crawford	Fat Biking the Outer Banks Tom Helbig	Wilderness Medicine Workshop: Water Rescue Kermit Huebner, MD, MPH WSU School of Medicine

#### FEATURE PRESENTATION: Dr. Brad Ryan with special appearance by Grandma Joy

"Joy Driven: An Intergenerational Adventure to Every U.S. National Park" A simple weekend camping trip with his grandma grew into a global viral and history-making journey to visit all 63 U.S. National Parks.





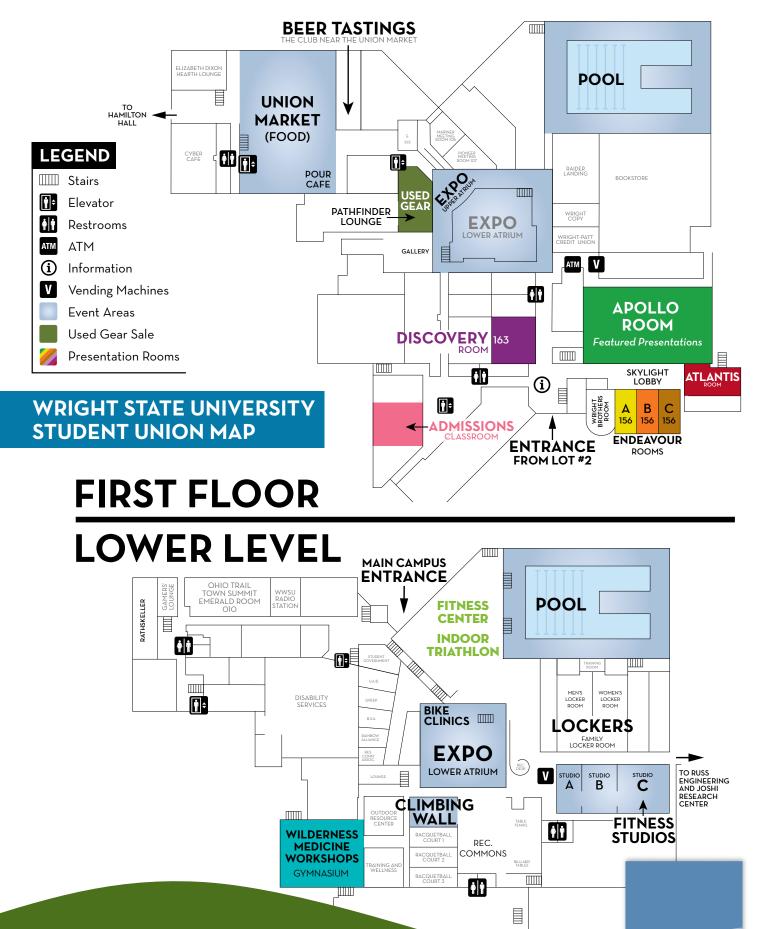
12:45 - 2

2:15 - 3:15

3:30 - 4:30

4:45 - 5:45

6 - 7:30



WRIGHT STATE UNIVERSITY

The Adventure Summit is a production of Five Rivers MetroParks and Wright State University

FIVE RIVERS METROPARKS

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